



CASTERTON HEALTH & HOSPITAL HAPPENINGS

CGA0352663



WELCOME Pink Ribbon Breakfast

IT'S SIMPLE, IT'S SOCIAL, IT SAVES LIVES.

Brought to you by CMH Community Health

Where: Spill the Beans
When: Friday 19th October 2018
Time: 8am – 10.30am
Cost: \$15 adult, \$10 child

Guest speaker – Dr Chris Wilson
at 8:30am and 9:30am

Wear pink!

Dog & Dinner Charity Fundraiser

Real Estate Agent firm Ray White Keatley joined Say Grace recently to host a Charity Dinner with the proceeds going to CMH to raise awareness of Mental Health.

We are pleased to announce that a total of \$5,145.50 was raised.

Paula and Lucinda found the team fabulous to work in partnership with and will ensure the funds raised from the auction will be used for Mental Health programmes, support and resources here in Casterton.



Ray White Keatley agent Sarah Thompson with CEO Owen Stephens

Breast Screen Bus to Portland

Tuesday 30th October 2018
Bus leaves Casterton Hospital
at 8.45am from rear car park

Bookings are essential

*If you require further information,
please contact Lucinda Jenkins
at CMH on 5554 2555*

No charge



BreastScreen
Victoria
Caring about Women

Men's Lunch

Come and join our monthly event for the men of the community to enjoy lunch and conversation together



Please note change of venue

Where: Entwined Restaurant
When: Monday 17th September 2018
Time: 12 noon to 1:30pm
Cost: Pay for own lunch & drinks
*If transport is required, please call CMH
Reception on 5554 2555*
Bus pick up time from 11am

Strength & Balance Exercise Class

A falls prevention program promoting active living.

Wednesday from 11:00am

Cost - \$5.00 - includes fruit

*If you have any enquiries, or would like to
participate, please contact CMH on 5554 2555.*